



TWO DAY ENDURANCE RIDE AND Ride & Tie

SEPTEMBER 09-10, 2016 ♦ BIG SOUTH FORK NATIONAL RIVER AND RECREATION AREA, ONEIDA, TN
SANCTIONED BY: AERC, SERA AND RIDE & TIE ASSOC.

You are invited to the 18th annual Big South Fork Endurance Ride. The Big South Fork National River and Recreation Area is a 120,000-acre park, which straddles the Tennessee-Kentucky line 80 miles northwest of Knoxville. The defining feature of the area is the Big South Fork of the Cumberland River. The land is woodland plateau that has been sculpted into rugged rocky bluffs and deep gorges. The sandstone has been carved into fascinating formations of cliffs, rock shelters, arches and pillars. Both days of competition will include a 30-mile and a 50-mile ride and **the 100 mile ride returns on Saturday!** You may mix and match horses and distances, as you desire. There will be a 30 and 50 mile Ride and Tie held on Friday and Saturday and an 8-mile "fun run" on Sunday. Ride and Tie is a competition among teams of two people, one horse and 10, 30 or 50 miles of trail. Ride and Tie's are lots of fun and you don't have to be in great shape to do it. Really. For more information and entry forms for the **Ride and Tie, contact Joanne Mitchell at 423-337-6194 (before 10 PM Eastern Time).**

Schedule of Events

Eastern daylight time

Registration and Vet-in	Thu, Fri 3 PM to dark
Pre-ride Meeting	Thu, Fri 7 PM (ish)
30 Mile Start	Fri, Sat 8:00 AM (Roll call 7:45)
50 Mile Start	Fri, Sat 7:00 AM (Roll call 6:45)
100 Mile Start	Sat 7:00 AM (Roll call 6:45)
30 Mile Cutoff	7:15 hours after start time
50 Mile Cutoff	12 hours after start time
100 Mile Cutoff	24 hours after start time
Dinner Awards Meeting	Fri Sat 6:30 PM(ish)
Ride & Tie	Fri, Sat, Sun time TBA

Times subject to change check beforehand!

Ride Staff

Ride Manager

Eric Rueter • 865-986-5966
Eric@FleetFootFarm.com

Ride & Tie Manager

Joanne Mitchell
423-337-6194

Veterinarians

Otis Schmitt, DVM - Ten Mile, TN
Ken Marcela, DVM - Canton, GA
Ike Nelson - Athens, AL
Dee Dee Huff - Philpot, KY

Trail

Trails are mostly woods horse trail and old logging roads with excellent dirt footing. There is a nice mixture of easy, fast stretches and hills, including several 500 ft changes in elevation. There are some rocky sections when climbing in and out of the creek and river gorges, and some gravel. Creeks for water are plentiful. The trails are well maintained, and will be well marked with signs and ribbons. Each day will be a unique 50 or 30-mile trail, which begins and ends in camp. We will be using trail on Saturday, which crosses the river! The 100 mile ride will include the majority of the trail used on both days. All vet checks will be in camp on Friday. The first two vet checks will be away checks on Saturday for

the 50 and 100 milers. The only vet check for LD will also be away on Saturday. We will arrange to transport items to the check if you don't have a pit crew.

Camp

Camp is primitive, in a grassy field just west of the Bandy Creek complex. There is a hydrant for horse or people water and bathrooms with running water 0.3 miles from camp. Port-a-johns will also be on site. Bathhouses (showers) are located at the Bandy Creek Campground 0.8 miles from camp and can be used for a small fee. Insect warning: This area tends to have an abundance of ticks, chiggers and other troublesome pests. Bring and use appropriate protection for yourself and your horses and dogs.

Volunteers

Help is needed to work the vet checks, pull ribbons, deliver water, etc. If you or someone you know would like to help, please call or enclose a note with the entry form. Indicate what days and jobs you are available for. We will be most grateful and will plan to provide you a meal.

Park Facilities

If you wish to arrive earlier than Tuesday, you may stay at Bandy Creek campground and stable your horse. You must have stall reservations and can make campground reservations (make them early since this is a popular time of year). The campground is located 0.8 miles from the ride site and has electric hook-ups, water, etc. Ice is sold at the visitors' center during the day, as well as topographic trail maps. Most trails are marked with permanent park service signs showing landmarks and mileage. Feed and some horse supplies are sold at the stables. Other provisions are about 25 minutes away in Oneida or Jamestown.

Bandy Creek Campground Reservations 1-800-365-2267 or www.ReserveAmerica.com (Bandy Creek, TN)
Bandy Creek Stables (423) 286-7433

Food

Supper will be provided Friday and Saturday nights for **that day's competitors and volunteers**. Sunday we will offer a simple breakfast, with the 100 milers eating for free. Extra meals can be purchased for family and crew at \$8.00 per meal.

Awards

Daily completion awards will be given to everyone who successfully finishes the ride. Additional awards such as Best Condition, Top Ten, First junior, etc. will also be available. Youth will receive a special award on their first day of competition.

Rules

Horse, pony or mule must be 48 months old to enter the 30-mile rides, 60 months old to enter the 50 mile rides and 72 months old to enter the 100 mile rides. Riders under 16 must be accompanied by a designated adult sponsor (21 years or older) for the duration of the ride. Approved safety helmets are required for riders under age 16 and **strongly** encouraged for all riders. All AERC and SERA rules apply. Decisions of vets are final. In order to receive credit for completing the ride, horses must be "fit to continue", as determined by the veterinarians. The winner of the 30-mile ride will be the first horse whose pulse recovers to 60 bpm. Because of the distance between the official finish line and the vet check area, you will be allowed the full 60 minutes to recover after crossing the finish line. ***You must present a negative Coggins test (<1 year old), and ALL appropriate membership and registration papers. All dogs must be on a leash (park rule).***

Warning: Under Tennessee Law, an equine professional is not liable for an injury to or the death of a participant in equine activities resulting from the inherent risks of equine activities, pursuant to Tennessee Code Annotated, title 44, chapter 20.

History

The Big South Fork National River and Recreation Area was created by an act of Congress in 1974. The US Army Corps of Engineers did all of the early work, and then turned the operation over to the National Park Service in 1991. The primary use is outdoor recreation of all kinds, including hiking, camping, bicycle, horse and ATV riding, canoeing, rafting, hunting & fishing. Prior to the creation of the park, this part of the Cumberland Plateau was used for farming, logging and mining. Nature has since been reclaiming the land, but evidence can still be seen of the earlier users. Entire communities once existed in some of the valleys that the trail passes through. Often a stone chimney is the most that remains of the homesteads, although there are several restored cabins throughout the park. A group of log buildings along Station Camp is operated as the Charit Creek wilderness lodge. Meals, lodging and stabling are available to the guests here. Part of the trail follows the abandoned Oneida & Western (O&W) railroad, which once carried lumber and

coal from the area. Remnants of the mining operation are still visible, as well as some oil and gas wells. The old railroad bridge across the river is still in place, but the ride will not be crossing it.

The average high and low temperatures in September are 79 and 55. For general information about the park, you may call the visitor's center (423-286-7275) or visit the park website: www.nps.gov/biso

Fees

Refer to the entry form for the list of fees. **The National Park Service does not permit the collection of entry fees inside the park, so you MUST send in your entry form and payment in advance.** The refund policy is liberal, so you will get your money back if you must cancel, up to and including the ride weekend. Refunds on meal tickets may not be given unless they can be cancelled or sold to someone else. The ride will be limited to the first 120 entries (per day) received. You must mail your entry fee to me such that I receive it NO LATER than Saturday, August 30, 2014 since I will not be home to get mail the week before the ride. Make checks payable to Knoxville Arabian Horse Club and mail to:

Eric Rueter ♦ 11045 Friendsville Road ♦ Lenoir City, TN 37772 ♦ 865-986-5966 ♦ Eric@FleetFootFarm.com

Directions

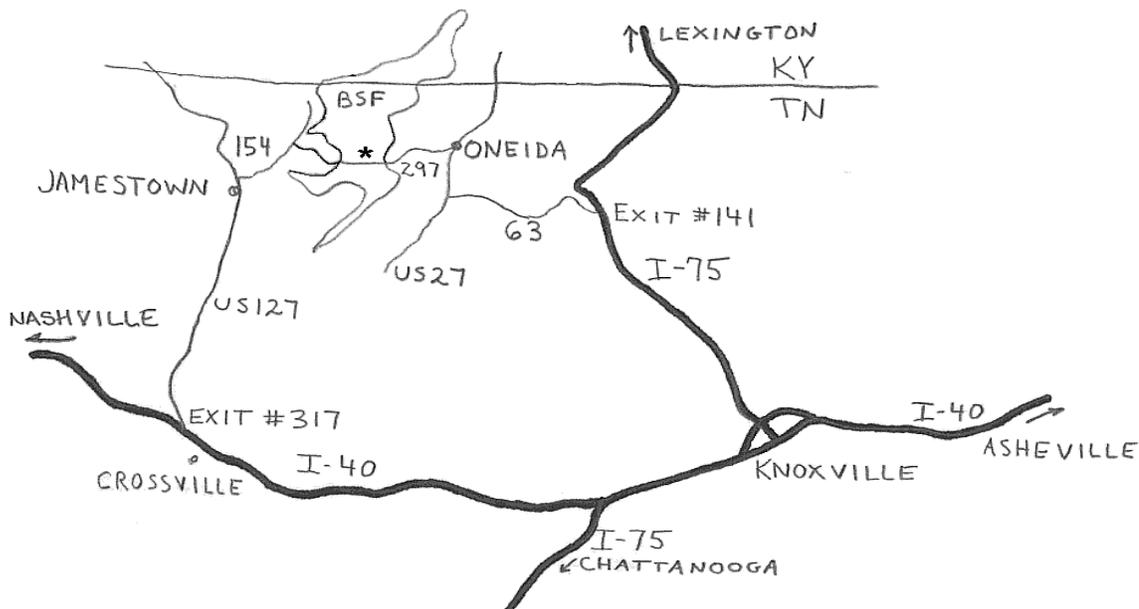
From the East on I-40. Take I-640, then I-75 north from Knoxville. At exit #141, go west on Highway 63 for 20 miles to US27. Turn right (north) on US27 and go 6.5 miles to Oneida. Turn left (West) on Highway 297. After 4.9 miles, make a left turn at the Terry & Terry store, continuing on 297 West. After passing through the river gorge, turn right at the sign for Bandy Creek. Go 1.7 miles and our camp is 0.2 miles past the end of the pavement, on either side of the road.

Note: This route takes you through the Big South Fork River gorge, which has 13% grades and sharp switchbacks. If your rig is huge, or your truck is wimpy, you are advised to follow the route through Jamestown (see directions coming from the west).

From the West on I-40: At Crossville (exit 317) take US127 north 32 miles to Jamestown. Two miles north of Jamestown turn on Highway 154 north toward Pickett State Park. Turn east onto Highway 297 and go 11 miles. Turn left on a paved road, going towards Bandy Creek. Go 1.7 miles and our camp is 0.2 miles past the end of the pavement, on either side of the road.

From the south on I-75: Go west on I-40 to Crossville and follow directions above for "From the West on I-40".

From the north on I-75: Take exit #11 in Kentucky and go west on Highway 92 at US27 turn south toward Oneida. From Oneida, follow the directions above.



Parking: If you can make the turn to park on the right (north) side of the road, please do so. The field on the left is reserved for rigs too large to make the turn. **PARKING IS SOMETIMES TIGHT!! PLEASE CONSERVE SPACE. MANAGEMENT RESERVES THE RIGHT TO MOVE YOU! OVERFLOW** can camp in the Bandy Creek Campground and stable their horses at the Bandy Creek Stables – additional fees will be charged.

Big South Fork Endurance Ride ♦ 2016 Entry Form

Sanctioned By AERC/SERA

(One Entry Per Rider)

Rider Name _____ AERC# _____
 Address _____ First AERC ride? Yes ___ No ___
 City, State, Zip _____ Phone _____
 Email address _____ AHA# _____

SERA Member AHA Member

Day	Distance	Horse AERC#	Horse Name	Breed Reg #	Age	Owner's Name
Friday						
	30	50				
Saturday						
	30	50				

For junior riders only (under 16): You **MUST** be a minimum of **8** years old

Birth date: _____ Sponsor's Name: _____ Sponsor's Signature: _____

Weight Division Feather (up to 160 lb.) Light (161-185 lb.) Middle (186-210 lb.) Heavy (211 & up)

This is a release - it contains limitations on liability - read it

As a participant in the Big South Fork Endurance Ride, I agree to abide by the rules of the AERC, SERA and Big South Fork Endurance ride. I understand that endurance riding involves being in remote areas for extended periods of time, far from communications, transportation, and medical facilities; that these areas have many natural and man-made hazards, which ride management cannot anticipate, identify, modify, or eliminate; that horses can be excitable, difficult to control, and unpredictable; and that accidents can happen to anyone at any time. I agree to take full responsibility for the animal I am riding and myself. I will hold the Knoxville Arabian Horse Club, Region XII of the Arabian Horse Association, The Arabian Horse Association, Southeast Endurance Riders Association and the American Endurance Ride Conference, ride management, all ride personnel, and all property owners whose land the ride crosses, blameless for any accident, injury, or loss that might occur due to my participation in the Big South Fork Endurance Ride and free from all liability for such injury or loss.

I have read and understand this liability release.

Rider's Signature: _____ Date _____
 Parent/Guardian (rider under 16): _____ Date _____
 Horse Owner's Signature: _____ Date _____

Important Note: Mail entry form and payment such that it is received NO LATER than Saturday, September 3, 2016. **A 100% refund will be given if you cannot ride.** Mail to: Eric Rueter ♦ 11045 Friendsville Road ♦ Lenoir City, TN 37772

Entry Type	AERC MEMBER	AERC NON-MEMBER		Subtotal
50 Miles/30 Miles Adult	\$100	\$115	X _____ Day(s)	
50 Miles/30 Miles Rider under 16	\$55	\$70	X _____ Day(s)	
100 Miles Adult	\$145	\$160	X _____ Day(s)	
100 Miles/30 Miles Rider under 16	\$80	\$95	X _____ Day(s)	
Extra Meals (Riders/Volunteers eat Free)	#Friday ___ # Saturday ___ \$8 x ___ Meals =			
** Payable to: Knoxville Arabian Horse Club **				TOTAL: